



THE ROTHESAY NEWS

Number 273

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Green School Initiative

Those ecologically savvy folks at the Sawyers Bay School have come up with a curious idea that may have many school and / or community benefits – and they are calling on you all for some help.

Involving the whole school, they want to try and build a plastic bottle greenhouse similar to the one pictured at left.

School principal Gareth Swete (who describes it as “my crazy scheme”) wants to find a way for the school to avoid having all the veggies they usually grow being ready during the summer months when they are all on Christmas holidays. Therefore, having a greenhouse will be an ideal way to produce things earlier and of course one built with recycled materials is a wonderful educational tool. If the scheme is successful the

school also intends to help others in the community use their modeling techniques.

Where do you all come in? Well, the school is looking for around 1500 clear and / or green plastic 1.5l bottles. They don't want Coca Cola bottles (because of their curve) but would appreciate most other types. Feel free to drop them off at the school or contact Gareth on 4728981 for more details / information.

Steve Walker

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TV & Hollywood come to Port Chalmers

It has been an interesting month for Port Chalmers both nationally and soon to be, internationally. The last Sunday in September saw TV3 visiting the Port Chalmers Golf Club for a day's filming for the popular sports show: ANZ Golf World.

Not only did this cover the club and in particular, details of a club makeover that it won, but it was great promotion for Port Chalmers / Sawyers Bay in general.

You can view the episode by going to: www.tv3.co.nz/Shows/TheGolfClub.aspx and clicking on ANZ GOLF WORLD - Season 2 Ep 28

As you read this Hollywood stars Rachel Weisz and Michael Fassbender may well pass you in Port Chalmers while shooting parts for the movie *The Light Between Oceans* which will be released next year.

There may also be a chance that you bump into James Bond while supping your coffee in Port Chalmers, as Bond actor Daniel Craig who is married to Weisz, has previously travelled with her when she is on location. Not bad for a humble wee place once known as Dog Town!

Steve Walker



Rothsay News Personalised Stamps

As part of the celebrations of the 25th Anniversary of *The Rothsay News*, personalised stamps were produced. These are available at \$18 for twenty 80 cent stamps, or in multiples of twenty stamps. The stamps can be purchased by contacting the Editor or Nola Broere. Orders must be in by the 8th of December 2014.

If you are a West Harbour local or a former or present committee member and would like to purchase some of these special stamps make sure you order yours now. See the inside back page for contact details for the Editor and Nola.

Ange McErlane

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Real Estate in "The Port Line"

"The Port Line"- what a great place to live. Recently we had our son home from Brisbane for a short stay with us. He has been living there for about five years but he still regards our area as his true home.

During his stay, there were lots of questions and observations from him, but most of all he probably enjoyed the fact that breathing was significantly easier here as opposed to the very humid heat of Brisbane.

It takes him 40 minutes each way to work, depending on traffic and even with petrol about 80 cents a litre cheaper in Australia, the travel costs facing those across the ditch are way higher than here simply because of the huge distances they need to drive.

While some foods are cheaper in Australia, he couldn't get over how competitive our pricing is. Housing here is also more affordable both for renting or buying, insurance premiums are better in NZ and we in Dunedin don't have water metres. Medical costs are lower here, hospital waiting lists are about the same in both countries, clothing is similar and we have got a better rugby team. So all in all and even though wages may be slightly higher in Australia, why would you want to live anywhere else than here?

If you need any help with property appraisals, advice on improving the saleability of your home or buying and selling, always feel free to contact me. Property is in demand, so if you are considering selling, I am ready to get to work for you. Until next time, kind regards to all readers. Edna McDonald, phone 472-8910 or 027 226-5925. *"Ready to Listen - Willing to Help."*

Edna McDonald.



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Harbour Physio - Gardening tips

Now that the weather is warmer a lot of people are getting back into the garden, so here are a few tips to help prevent injuries in the garden.

Use the right tools – The right tools can make the job faster and easier and prevent unnecessary strain on the body.

Safe lifting – Keep loads as small as practical, hold it close to your body and use your knees instead of your back. Ask for help if you need it.

Take a break – Take mini breaks every 30 minutes or so to stretch and change positions. Listen to your body, if your back is starting to ache have a break or switch to a different task or position. Don't try to do it all at once.

Be body aware – Keep your back straight, contract your abdominals to help keep yourself stable. Use your surroundings if you can to avoid bending i.e. plant out garden pots on a bench top instead of the ground or the floor to avoid bending.

Those that read regularly may remember I was competing in the Spring Challenge at the end of September, well we made it! My teammates and I had a great time racing in Hokitika. There was warning level rains for the few days around the race which created lava-like mud and made for a much more interesting race. I highly recommend you give it a try, there are different options for different fitness levels – with the right training anyone can do it, one of my team mates was 6 months pregnant!. I've caught the bug and have been looking at which beginner level race I want to aim for next.

If you have a question you would like answered please contact me at harbourphysio@gmail.com, 027 631 0476 or www.facebook.com/harbourphysio

Kelly Olsen



harbourphysio



10 Meridian St, Port Chalmers | 027 631 0476

harbourphysio@gmail.com

ACC Surcharge \$15 (\$10 CSC/student)

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Evening appointments available

GP referral not necessary

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NOVEMBER MASTHEAD PHOTO:

Pûrâkaunui by Jude Newton



**Enjoy Spring...
Think composting!**





PHARMACY SNIPPETS

CHRISTMAS AND STRESS!!

Here we are at the start of November and we can't quite figure where the year has gone!

We thought being this close to Christmas we would talk once again about stress and how it affects your body...but first....

To help reduce your stress levels this Christmas season we are once again holding a late night **Christmas shopping evening on Thursday 27th November from 6-8pm with 15% off storewide** (excl scripts, vouchers, post, and sales table). We will have a huge sales table on the night with crazy prices you won't want to miss! Every purchase on the night puts you into the draw for a fantastic Natio Gift Hamper. Come and check out our Christmas stock and get those family and friends presents sorted!

IMMUNITY AND THE EFFECTS OF STRESS:

The cold months of winter and the change of season are traditionally a time many of us tend to get weighed down by lowered immunity, and become more susceptible to picking up the odd cold or flu. Stress, diet and exposures to toxins all play a part in the relative strength or weakness of our immune system. We tend to underestimate the power stress has on our ability to stay well!

Stress is our reaction to anything that puts an undue burden on the body. It might be poor diet, too much exercise, mental or emotional turmoil, or feeling like you are under pressure at home/work/uni/school. Regardless of the cause, stress triggers the nervous system into a 'fight or flight' response that causes damage when it is activated over prolonged periods of time.

When you are stressed, your body chews through important vitamins such as the vitamin B group and magnesium.

If you feel you are under stress, pump up your reserves with a multi-vitamin or a supplement containing the all important Vitamin Bs and magnesium to ward off those 'change of season bugs'. Don't forget that eating well when you are under the weather is incredibly important to speed recovery and also improve your chances of not getting sick again.

Feel free to talk to us about supplements for boosting your immunity and combating stress.

Don't forget to keep a watch on your mail box for further details of our Christmas Specials fun night. **See you on the 27th!** Until next month, keep well. *Lindon and the team at Sizemore's*

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Backyard Medicine

Following on from last month's native, Hoheria, I am going to introduce you this month to another, the tree Horopito - *Pseudowintera colorata* is its botanical name. Horopito is also called pepper tree; dried crushed leaves can be used in cooking as a peppery, slightly citrusy condiment, it is a wee bit hot, so can be used to spice up dishes, a la chilli.



The leaves are the active part of this tree, their actions include antifungal, antibacterial, expectorant (loosens mucous in the upper chest so it can be coughed up), and circulatory stimulant (think chilblains). They can be chewed for toothache, as it has an analgesic action. It is astringent - tissue tightening - so would make a good tea for diarrhoea.

Used internally, with aniseed, it is very effective against *Candida albicans* overgrowth. You could make a strong tea for a footbath for Athlete's Foot, a good handful of Horopito with a teaspoon of whole aniseed, steeped in just boiled water for 20 min, pour into a big basin and soak till the water is cold. Keep in mind though, that one application will not make a dent in it, you need to repeat it, regular application until all sign of the fungus is gone.

Of course you all remember: you MUST positively identify a plant before you try anything with it and if you are on any medications at all, do not use without first consulting your healthcare professional and DO NOT use any plant that may have been sprayed.

Francisca Griffin, Naturopath

FRANCISCA GRIFFIN
NATUROPATH
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FROM THE CHEF... This month's recipe is courtesy of **The Naked Scotsman.**

Fruit & Nut Granola bars

Ingredients

2 cups rolled oats ½ cup raw sunflower seeds
 1 cup sliced almonds ½ cup Bran
 ½ cup honey ¼ cup packed dark brown sugar
 25 gm unsalted butter plus extra for pan
 2 teaspoons Naked Scotsman Vanilla Paste
 1/2 teaspoon salt
 6 1/2 ounces chopped dried fruit, any combination of fruit you desire

Directions

Butter a 9" x 9" baking dish and set aside. Preheat the oven to 350 degrees F.

Spread the oats, sunflower seeds, almonds, and wheat germ onto a baking sheet. Place in the oven and toast for 15 minutes, stirring occasionally. In the meantime, combine the honey, brown sugar, butter, vanilla and salt in a medium saucepan and place over medium heat. Cook until the brown sugar has completely dissolved. Once the oat mixture is done, remove it from the oven and reduce the heat to 300 degrees F. Immediately add the oat mixture to the liquid mixture, add the dried fruit, and stir to combine.

Turn mixture out into the prepared baking dish and press down firmly, evenly distributing the mixture in the dish. Place in the oven to bake for 25 minutes. Remove from the oven and allow to cool completely. Cut into squares and store in an airtight container for up to a week. Serve with one of the Naked Scotsman's speciality butters. (Whisky, Rum & Raisin or Brandy & Orange). Go to www.thenakedscotsman.co.nz for a list of our products.

Thank you Sandy

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Pioneer Hall News

Celebrating the new kitchen with a Community Dinner!

The Hall has had a lot of work put into its recent renovation including an electrical up-grade, and we'd love to share the benefits with you all. On Saturday November 15th at 6pm, we're having a pot-luck dinner to thank everyone for their hard work, and to welcome the community into our revamped space. Bring a plate, and a mate and some ideas about how you would like to use the hall in the future.

Community pot-luck Dinner November 15th @ 6pm, Bring a plate! Everyone Welcome.

Community Garden.

There is heaps growing in the community garden thanks to the involvement of some wonderful volunteers. Licia has planted artichokes and potatoes. Mary has done a wonderful job of weeding and planting strawberries and beans. More potatoes were donated by Alice and Mandy, which Mary helped plant.

Thanks so much for your donation of time and plants everyone! And if you would like to be involved with the community garden, come and help Mary on a Thursday afternoon. Contact Chris for more information.

Foodshare drivers needed!

Do you have a car going between Port and town on a Friday morning? Can you donate an hour on Friday mornings? Please contact Community Coordinator Chris Armstrong urgently!

There has been a huge uptake for the Foodshare service, and a vibrant community is developing around the weekly distribution; it would be a real shame to see this service discontinued for lack of transport. We have a couple of volunteer drivers, but the more drivers we have in the roster, the less driving each individual driver will be required for. To find out how you could help, contact Community Coordinator Chris Armstrong: call or text 0226051622 or email pcpioneer-hall@gmail.com

Working Bee opportunities.

The upgrade that the hall and it's kitchen has gone through is massive and it looks great. As with many great undertakings, there are a few little jobs around the edges that, working together shouldn't take too long to tick off. So we're thinking of having a working bee before Christmas. Tasks like painting touch ups and some wall refinishing. Look out for flyers around town.

Charity Film Screening

There will be an Amnesty International charity film screening at the hall 7pm on November 28th, entry by gold coin koha.

See something missing? Do you have an idea for a class or group. If there is a class or service that you would like to see offered through the Pioneer Hall, contact the Community Coordinator Chris Armstrong: call or text 022 605 1622 or email pcpioneer-hall@gmail.com

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Pioneer Hall Community Dinner

Everyone is welcome!

**Come along to the Port Chalmers Pioneer Hall Community
Pot Luck Dinner 6pm November 15th**

**Bring a plate and a mate, and some ideas as to how you
would like to see the hall used.**



PŪRĀKAUNUI, NZ
Artist: Jessica Stevens

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Jude Newton

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Call Craig or Donna about these buyers who are looking to buy now in West Harbour

- In the heart of Careys Bay up to \$500,000 must have views
- Multiple buyers up to \$450,000 in St Leonards
- Family looking to buy in West Harbour up to \$350,000
- Renovator up to \$200,000 will look at any possible project
- First home buyers up to \$250,000 in Port Chalmers



ST LEONARDS
\$449,000

3 1

Another property sold in West Harbour to out of town buyers. The recipe for selling property in West Harbour is outstanding marketing and knowing the local area and all that it offers so that it can be best represent to the buyers. Call Craig or Donna to discuss how to get an outstanding result on your home.



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NOVEMBER 2014

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Monday 3rd Nov - Sun Princess
Wednesday 5th Nov - Sea Princess
Monday 10th Nov - Celebrity Solstice
Tuesday 11th Nov - Dawn Princess
Thursday 13th Nov - Oosterdam
Sunday 16th Nov - Sun Princess & Radiance of the Seas.
Wednesday 19th Nov - Sea Princess.
Thursday 20 Nov - Crystal Symphony
Friday 21st Nov - Celebrity Solstice
Monday 24th Nov - Dawn Princess
Tuesday 25th Nov - Pacific Pearl & Oosterdam

OOSTERDAM
Passengers: 1918 Crew: 800

SUN PRINCESS
Passengers: 1950 Crew: 900

SEA PRINCESS
Passengers: 1950 Crew: 950

CELEBRITY SOLSTICE
Passengers: 2852 Crew: 1253

DAWN PRINCESS
Passengers: 1950 Crew: 830

RADIANCE OF THE SEAS
2500 Passengers 860 Crew

CRYSTAL SYMPHONY
Passengers: 960 Crew: 545

PACIFIC PEARL
Passengers: 1800 Crew: 514

Timetable correct at the time of printing, for any updates, please check the Port Otago website www.portotago.co.nz



THINKING OF ACOUSTIC TREATMENT FOR YOUR HOME?

If you are thinking of renovations that would benefit from including acoustic treatment of your home, then Port Otago, who have been undertaking this work on local properties in close proximity to the Port, over the past ten years, have information that could help you.

The acoustic treatment Port Otago has done has been very effective in reducing the noise levels experienced inside the houses that have been treated.

To help residents of Port Chalmers and Careys Bay to get a better understanding of what is involved in acoustic treatment, Port Otago have prepared a short document titled "Principles of Undertaking Acoustic Treatment Work and Examples of Solutions".

This document will give you good information on what you can do based on their experiences undertaking this work. It is simple and easy to follow and gives a good background to what is involved with acoustic treatment with examples of successful solutions that have been used in Port Chalmers houses.

If you are interested, a copy of the document can be downloaded from <http://www.portotago.co.nz/2/4.html> or a paper copy can be collected from the Port Chalmers library or Port Otago reception.



Port Chalmers Town Hall

At the recent AGM of the Port Chalmers Town Hall Society the following were elected to oversee the running of the hall facilities for the next 12 months:

Chairman: Les Box

Secretary: Noi Hudson

Treasurer: Tom Trotter

Committee: Tom Stevenson, Dave Marshall, Shirley Brunton, Cyril King, Bill Parsons
Custodian: Bruce Clark

This year a new website was set up for the Town Hall complex which is well worth viewing especially if you are planning an event in the future. This past year the hall hosted numerous events which included eight weddings and 31 regular monthly bookings.

Bookings are now being taken for weddings for this next year. Check out the venue and the costs, you may well be pleasantly surprised.

This year on the 25th of September the Town Hall celebrated 125 years as the Port's gathering place for events both large and small, ranging from Church bazaars to political meetings, troop send offs to school break ups. In the early days before the Watersiders had permanent rooms of their own the town hall would be opened for them on wet days.

In the early 1900's the Town Hall was used as the town's picture theatre and an upstairs was installed which increased the hall's capacity to seat 400 people. This was removed in 1956 by the then Port Chalmers Teenage Club.

From today's Women's Institute meetings to Taekwondo and funeral services to Lions meetings, the Town Hall still plays an integral role in the Port's social scene as it did back in the 1800's.

For bookings or for further information please contact our Custodian Bruce on 425-9821 or email him at portchalmers-townhall@gmail.com. Check out our new website at www.portchalmers-townhall.org.nz/

Les Box, Chairman Port Chalmers Town Hall Society

Making the right choice

The *Intermediate Years* of your child's education are important

Will a large or small school suit them?

Will they be safe and nurtured?

Are they ready for such a big change?

Will they get the education and values that they need?

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RAVENSBOURNE SCHOOL

We have been focusing on Respect in term 3 and we have learnt to respect other people by being kind and friendly. We are also learning to respect our books, library books and school equipment by using it carefully. Loud T-Shirt Day Breakfast was great fun. We all looked awesome in our colourful T-Shirts. We raised \$120 for The Hearing House and Southern Cochlear Implant Programme. Thank you to Veggie Boys for lucky prize draws. Some of the children went to see the Maori and Pacific Festival at the Edgar Centre. This was good to see and a lot of work went into these performances. Ravensbourne School hosted the West Harbour Sports



Felix, Jasmine, Taimana and K'Lis displaying their Loud T-Shirts

day this term on the 21st of October at the Caledonian. The children enjoyed this fun day. We received some shrubs from Ribbonwood Nurseries for our efforts in recycling. Room 2 children planted these outside the office. Some of our students had their artwork on display at the Otago Youth Art

Awards. We have some very talented young artists. The children's marathon went really well. All that hard training paid off. Congratulations to Jasmine who won a voucher from The Front-runner.

Karen McAnally



ST JOSEPH'S SCHOOL

We are just a few days into the final term and already the children are buzzing about the activities ahead. We were delighted to share our recent Polyfest performance with the Senior Citizens Group at the Town Hall. On Saturday November 1st we will be holding our Gala Family Fun Day at Watson Park with hot food, stalls and fun activities for children. We will also celebrate our school families with a shared picnic lunch closer to the end of term. In the final week the children will screen their version of 'The Christmas Story' for parents and relatives at our annual play and prize-giving. This movie has been a year-long production and has been written, acted and filmed by the children. The children are also excited about the opportunity to stay at their school longer as we extend our roll into Year 7 and 8. Parents are asking if they can enrol their child even if they aren't Catholic and while there is certain criteria around enrolment, we are still able to accept children from families that fall outside of this. These places are limited however, so if you are eager to be part of the St Joseph's family, be quick to secure your child's place for 2015.

Corinne Guthrie - Junior Room Teacher.



PORT CHALMERS SCHOOL

It's back to class for our final term of the year – and Port Chalmers School teachers and students are ready for a big term of learning, art and action!

Following the highly successful West Harbour Arts Charitable Trust Art Auction in the first weekend of the holidays, we are all looking forward to our annual art week coming up in November. It was wonderful to see our community lean into the auction, supporting the trust that makes our fabulous week of hands on art possible.

Last term all our classes undertook a broad range of science investigations with a focus on chemistry and conducting experiments. The experiments covered a huge range of science from the school-wide "Food Test", where all manner of foods – from potatoes and apples through to margarine and cream cheese – were tested to find out which ones contained starch, to investigate the chemistry of bread making. The room 7 and 8 students explored the buoyancy of M and Ms and the science of candles and even our wee ones had a go with vinegar and bicarbonate of soda explosions. Our science focus will continue on

into term 4. With summer just around the corner, our aquatics programme goes into full action this term with boating for our Year 5 – 8 pupils and swimming for all students. Here's hoping for some collaborative weather!

Becs Wilson



TS Nimrod, Port Chalmers - Sea Cadets

The end of term 3 means the summer season approaches. Being the end of the term, it also meant fun night, and this term's activity was bowling. Officers managed to hold their own for a while but a mixture of strikes and gutter balls was not enough to hold off some of the NCOs. A good time was had by all.

Also on the agenda at the end of each term is a thorough clean ship. Having kept the hall as tidy as possible over the winter, this meant we could put some elbow grease into getting the boat shed ready for the start of summer. A flurry of activity overseen carefully by the Petty Officer and Leading Cadets means that we return to swept floors, tidy boat gear and everything in its proper place. A few adjustments to routine and this should be maintainable for the whole season.



Constructing a swing during leadership assessments on the JNCO course

Over the holidays two of our number attended the Junior NCO course at Burnham. ABCDT Bellamy passed the course with flying colours (metaphorical colours this time) and I survived my first appointment as Course Director. The course included training

and assessment in squad handling, drill instruction, leadership and public speaking and was attended by 14-17 year olds from around the South Island. There is no Senior NCO course run during the September break.

SLT Elise Allen, NZCF

Community Board Scholarships closing soon

In February 2014, the Chalmers Community Board (CCB) set up two scholarships each of \$500. These are available to young people no older than 21 years of age who live within Dunedin's West Harbour in the CCB area. The scholarships are designed to encourage young people within our community to embrace and pursue opportunities that enrich themselves and the community in which they reside.

The first of the scholarships is open to applications (July – Dec to be submitted no later than Nov 15th) and is available to assist young people living in the CCB area to participate in leadership opportunities. These opportunities may include, but are not limited to, representing sporting codes in NZ or overseas, outward bound courses and overseas school study trips. The Board would also consider other appropriate courses or opportunities on a case by case basis.

All applicants shall apply with a covering letter detailing the project and must include two written references; one may be from their school / sports coach etc and one from somebody who knows the applicant personally, but is not of their immediate family.

Applicants will be interviewed by the CCB prior to or after one of their regular meetings. Successful applicants will also be expected to attend one of the CCB's regular meetings to give an informal presentation on what they gained from the course / sporting event etc. Details of the scholarship criteria and how to apply can be obtained via the DCC website: www.dunedin.govt.nz/chalmers, from the Chalmers Community Board notice board in the foyer at the Port Library or by contacting a member of the Chalmers Community Board.

Steve Walker



PORT CHALMERS & DISTRICT LIONS

This article is published after our Garden fête at the Lady Thorn Dell so I hope it was a beautiful sunny Dunedin day, all the rhododendrons were in full glory and that everybody had a great fun day. Thank you for supporting this project.

The golf tournament at Port Chalmers golf club was a success, despite the cold, windy weather. The hot Southern Clams chowder was welcome as the players came in, followed by prize giving, raffles and a meal. Thanks to the two guys who braved the weather and stood outside for four hours cooking the lamb, chickens and jacket potatoes and to the BBQ masters. The ladies in the kitchen did a great job too. Of course, our work cutting firewood and kindling is ongoing, collections for charities and other projects we work at. Soon we will be taking orders for the pea straw, so popular last year.

The annual Senior Citizens bus trip will be on the 30th of November. If you are over 70 please ring Don 4710690 to check to see if you are on the data base or to register. This trip is wholly funded by the Lions who raise the money doing various projects throughout the year including the raffle at the Ravensbourne Hotel.

We have Christmas festivities coming up.

- **Carols in the Dell is on the 21st of December.** In case of wet weather it will be held in the Iona Church.

- **The Christmas Cave** will also be set up again this year, from **19th--23rd December**. It is delightful to see the joy on the faces of the children, and the adults too!

Over the last year our Lions have put in 1247 volunteer hours!! They do a wonderful job and I thank them for it.

Thanks to the people of West Harbour for supporting our projects, we hope to serve this community for a long time.

If you are interested in our work and enjoy helping others and enjoy the company of like-minded people, you may want to become a Lion. Les is the man to ring on 4727050.

Mary McLennan

Angel-Louise's Books



"Angel's first book is called *My First Christmas* and tells the story of her moving to New Zealand, meeting her new friends, and their first Christmas together. It's hoped to have this released for Christmas 2014," explains an enthusiastic Julie Fawcett who owned Angel-Louise when Julie lived in Australia full-time.

At a time of new beginnings for Julie, "it was an out-of-the-blue decision," to use memories of

her Samoyed, Angel-Louise, to write children's books. Julie says that her dog was "a beautiful soul" and that "children loved her and Angel-Louise was marvellous with them".

Julie is working with Charlie Sais-Allen, a Dunedin illustrator, to produce *My First Christmas* as the first in a series about her Samoyed dog. "Angel-Louise's stories are a blend of real life and fictional characters and they teach children the foundational life lessons such as kindness, politeness, courage, the value of friendship, loyalty, integrity, honour, telling the truth, being kind to one another, respect for one's self and each other, helping each other and learning that friends come from all different backgrounds."

Another new beginning in Julie's life was moving to Roseneath and buying "a piece of paradise" after a couple of visits to Otago. Already a trained librarian, Julie studied illuminated manuscripts at Otago University's Summer School in 2005 and was "transported to a magnificent place: its natural beauty: fresh food, water and air; people. I fell in love with Otago". She then spent a year in 2011 working at Macraes Mines and doing voluntary work. In 2013 she bought her home in Roseneath online for the view of Otago Harbour. Julie still works part-time providing training for mining jobs in Darwin.

For more information about Angel-Louise's Books:

www.angellouise.net.nz and fawcett74@hotmail.com

Jill Balfour-Smith

Nau mae, haere mai

Metiria Turei MP

Dunedin Office

5th Floor Burns House

10 George St

Please phone for appointment

03 477 8502



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Port Chalmers Library & Dunedin City Council Service Centre

Book Share – join us on the first Wednesday of the month over morning tea and tell us what you're currently reading. See you on the 5 November 11.30am to share ideas about what to read next.

Fun, food, fiction.... and more for kids

Come to Port Chalmers library and join in with our after school activity group for independent readers. Be part of the book reviews, discussions, games, puzzles and nibbles on the first Monday of the month at 3.30pm. Phone 472 7583 for more details.

New Books

Chasing shadows by Leila Yusaf Ching

A love story spanning the generations between a Jewish man and a Muslim woman – told in snapshots by two generations over sixty five years.

Tigerman by Nick Harkaway

This is the tale of a British army sergeant about to retire at the age of forty; he's burned out and tired of being shot at. He decides to retire on the island of Mancreu... but this idyllic setting is not quite as it appears.

The Silent Sister by Diane Chamberlain

Riley has spent her entire life believing her sister committed suicide, twenty years on she discovers it's not true... she is still alive.

We also have WIFI available 24/7

Port Chalmers Library Team

The Moon Pulls

Strewn on tidal lace
the moon pulls
the sea calls
the gulls wheel
the tide tells all.

The horizon
underlines and caps
a hooded sky
a song hidden ocean.
Washed up

A text of debris
from other lands
islands

The moon pulls
the sea calls
back
back
the broken promises of humankind.

Greta Doo - Back Beach Writers Group

Ad Hoc Productions presents a sensational

seasonal show... Many of you will have seen Port local, Karin Reid, singing regularly at Carey's Bay Hotel on the 'First Sunday of the Month' Jazz afternoons, and her extensive role in the arts community over the last 20 years. Her Port-based performing arts initiative, Ad Hoc Productions, is back with gusto after a hiatus. The West Harbour came out in full force to the sell-out "Beautiful Madness Tour" cabaret at the Port Town Hall back in November 2012, and the last production was award winning comedy-theatre piece, "Break In", in 2013. Reid is delighted to announce an upcoming show in our gorgeous Port Town Hall in December. Cabaret

Continued on page 11

10 Questions... Mike McLeod



Each month we ask a West Harbour personality to answer the same ten questions. Mike is co-owner of Chick's Hotel, and also plays guitar and is the lead singer in well known Dunedin band, The Shifting Sands. Additionally, Mike plays the drums in another fine Dunedin band, Bad Sav. His musical knowledge also sees him doing bits of production and studio work with other musicians. On top of this busy schedule he is also in the process of writing his Master's thesis in the philosophy department at the University of Otago. Mike tells me he enjoys living in Port Chalmers because: "It has a community feel but is so close to Dunedin, which offers city opportunities, culture and lifestyle. It's ten or fifteen minutes drive to several of my favourite beaches. It's an affordable place for a young couple to buy a first house. It offers great coffee and several nice bars. I like the fact that the community is diverse and that you have people from many walks of life here, which makes life more interesting."

Q. If you had the chance, which three people (alive or dead) would you invite for dinner?

A. Harry Nilsson, Bob Dylan, and Bill Hicks.

Q. What are your three favourite movies?

A. Blue Velvet (David Lynch), A Clockwork Orange (Stanley Kubrick), Meet the Feebles (Peter Jackson).

Q. What was your first car, and if money was no object what car would you like to buy?

A. A white 1980s Mazda 323 which ran and ran and ran until I ran it into another car! I'm not a huge petrol head, but I'm quite fond of driving American cars - maybe a Chevy Impala if I were driving a saloon or a Ford Mustang convertible if I was driving a smaller car.

Q. If you were to face the guillotine in the morning, what would you choose as your last meal?

A. Huevos rancheros.

Q. Which three countries would you most like to visit?

A. India (for the food and culture), Scotland (for the whisky), and Belgium (for the beer!).

Q. When you were at school, can you remember what you first wanted to be when you grew up?

A. Apparently I told my dental nurse I wanted to be a rock and roll star.

Q. What do you think is the most useful invention of all time?

A. The internet.

Q. What is the best book you have read?

A. *Kingdom of Fear*, Hunter S. Thompson.

Q. If you had a time machine, where in the past or future would you go?

A. Probably late 1960s, West Coast USA

Q. If you had to spend one month on a desert island name three things you would take along?

A. My partner Veronica, a guitar, and an eternally charged ipod.

Steve Walker

GARDENING WITH SALLY

1. Control pests in the vegetable patch – Squash your slugs with Tui Quash or apply coffee grounds around your plants. Spray aphids with Garlic and Chilli Spray. Neem Oil is a natural and effective way of controlling whitefly, aphids, caterpillars mites and scale and will not harm any beneficial insects or bees.

2. Plant main crop of Potatoes . Agria – cream skin and white flesh a floury potato ideal for mashing and baking. Van Rosa - very red skin and white flesh good all purpose potato and many more varieties. Also remember to fertilise your potatoes.

3. Pots and baskets add Summer Colour around your garden. When preparing to plant out your pots and baskets always use a good commercial tub mix such as Dalton Premium Tub Mix. These high quality mixes contain water retention crystals and enough slow release fertilizer to feed your plants for 3-6 months (read instructions). If you are planting flower or veggies a mixture of compost and tub mix is best.

4. Hardy Spring Flowering Shrubs - Spring flowering deciduous shrubs can add interest to your garden all year round. Generally these shrubs are very hardy, flower in Spring to Summer and have fantastic Autumn colour. These include Deutzia, Hydrangeas, Philadelphus, Weigela, Cotinus, Physocarpus and Azaleas.

5. Codling Moth Traps- Now is the time to hang these in your apple and pear trees to trap the moths before they lay their eggs. No one likes biting into a worm.

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Continued from page 10

Jazz-A-GoGo will headline some of New Zealand's top professional musicians - Wellington-based Reuben Bradley Trio - who will be visiting Dunedin for the first time to collaborate on the cabaret and hold educational workshops.

The cabaret will also feature sets by Reid and her jazz quartet, and other special guests.

Top comedians are busy writing fresh skits to enhance the entertainment throughout the night. It will be a thoroughly enjoyable night out and a fantastic way to celebrate the end of year. A chance to dress up and let yourself gogo!

So save the date: Cabaret Jazz-A-GoGo, Thursday 11 December, 7.30pm til late. Tickets will fly out the door. Email ad-hoc.nz@gmail.com to reserve a place and be the first to find out ticketing information. Top notch! Do not miss.

Port Chalmers Women's Institute.

Our meeting was held in the Port Chalmers Town Hall on Tuesday 14th October. There were 20 members present. Comrades and Friends was sung and the Aspirations was read.

The Motto "Love without friendship is like sky without sun" was read and October birthdays recognised.

Competitions:

Large Bloom - 1st P. Woods 2nd G. Wilson

Small Bloom - 1st P. Woods 2nd G. Wilson

One Rhododendron - 1st G. Wilson 2nd P. Woods

The Martha Ives trophy was won by Viv McLachlan. Hazel Scoles, a Social Worker for 23 years, gave us a very interesting talk on her work at Child, Youth and Family. She covered a large area from Balclutha through to Middlesmarch in her work which she said was very rewarding and at times very hard. We thanked her with a gift of fruit and sweets. Our next meeting will be held on November 11th.

Maureen Love



Sirocco the kākāpō worked his magic anew ably assisted by Errol Nye, his minder at Orokonui. Both Kākāpō Recovery and work at Orokonui have benefitted from his visit. On his way home to Maud Island he stopped off at Parliament to celebrate the 25th anniversary of a remarkable partnership between DOC, Forest and Bird and Aluminum Smelters NZ that has been in the forefront of the kākāpō conservation effort. Sirocco also had a close encounter with the new minister of conservation Maggie Barry. What they talked about however is still under wraps. The old adage not to count (takahē) chicks before they hatch has certainly come to pass recently. Paku was well settled on her (infertile) egg and a couple of fertile eggs from the Burwood breeding facility near Te Anau were ready for transfer to Paku when a totally unexpected disaster occurred. Paku got caught up in a tangle of the native vine Muehlenbeckia and wrenched her wing badly in efforts to get free. A number of ways were tried to strap her wing to no avail and finally she was flown to Massey to be treated by the vets there.

We wish her well and hope she returns to her mate and Orokonui soon.

A Nature Watch day is planned for Sunday Nov 16th where discounted entry and close up encounters with some of the Orokonui residents will be featured. There will also be an opportunity to talk to the rangers and activities for children.

For information on this and other events visit www.oroikonui.org.nz or facebook. Visitor Centre and Cafe open

Summer Time

Schools nearly out, it's time to play,
whatever shall we do all day?
Get together, have some fun,
hopefully they'll be lots of sun.

Put down the iPads and the phones,
the end of all the growls and moans
day trips and picnics by the sea,
I'd have to say, that's for me.

Select a book and find a place,
your own wee quiet bit of space.
No matter what you choose to do,
keeping busy is right for you.

When it's over, you can say,
I made the most of every day.
Return to school and work refreshed,
living here, my, aren't we blessed.

Happy Holidays!!

Pamela Mae



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BOARD MATTERS

EXTRACTS FROM THE MINUTES OF A MEETING OF THE CHALMERS COMMUNITY BOARD WEDNESDAY 9th OF AUGUST, 2014

FUNDING APPLICATIONS:

Port Chalmers Bowling Club Inc

An application was received from the Port Chalmers Bowling Club Inc seeking \$2,510 to replace their Honours board. Following discussion it was moved **"That Port Chalmers Bowling Club be allocated \$500 to assist in replacing their Honours Board."**

West Harbour Fun Day Organising Committee

An application was received from the West Harbour Fun Day Organising Committee seeking a contribution towards the annual West Harbour Fun Day to be held on 21 October 2014. Following discussion it was moved **"That the West Harbour Fun Day Organising Committee be allocated \$250 to assist in the annual West Harbour Fun Day."**

COMMUNITY PLAN

The 2015/16 Community Plan had been reviewed and any further updates were to be forwarded to the Governance Support Officer.

BOARD REPRESENTATION AND OTHER RESPONSIBILITIES

Reports were given by Board members on their various representative roles and other responsibilities.

a) **Port Environment Liaison Committee** - Mr Cole commented that the Port Environment Liaison Committee did not meet that month.

Ravensdown Community Liaison Group - The Chair commented that Ravensdown was continuing to purchase and demolish houses near the fertiliser works and tidy up the sites.

Keep Dunedin Beautiful - The minutes of the meetings held on 17 July and 11 August 2014 had been circulated.

Facebook - Mel Aitken reported on issues raised by members of the public through the Board's Facebook page.

Vision Port Chalmers - Mr Cole and Mrs Pedofski reported that there were no updates from Vision Port Chalmers. There was a discussion on the possible dates for the Seafood Festival to be held in September 2015.

SH88 Liaison Group - Councillor Noone reported that the SH88 Liaison Group would be meeting on 26 September in the Rolfe Room, Port Chalmers.

GOVERNANCE SUPPORT OFFICER'S REPORT

A report from the Governance Support Officer responded to matters raised by the Board at previous meetings, or related to ongoing issues which were of interest to the Board, including:

1. Project Fund
2. Rothesay News
3. Sawyers Bay War Memorial
4. Moller Park Memorial Arch
5. West Harbour Cycleway
6. Roading Maintenance
7. Sunday Opening Trial for the Port Chalmers Library.

DEPUTY CHAIRPERSON'S REPORT

A verbal update was given by the Deputy Chairperson on the following matters:

Roading Maintenance Issues
Burns Park

COUNCIL ACTIVITIES

A verbal update was given by the Ward Councillor on the following matters:

Watson Park drainage issue
Sawyers Bay War Memorial.

BLUESKIN ENERGY PROJECT

Someone asked me recently why we had chosen such an 'inconsistent' source of energy as wind energy to develop for the community. That was a great question and does help to highlight the key difference between fossil fuels and renewables. 'Renewables' is a term that covers a range of energy that can be captured in the environment: wind, solar, geothermal, bio energy, hydro and tidal. Our environment is ultimately powered by the sun and based on weather systems, and weather, as we know, varies. So do biological systems (our ability to grow trees and other energy sources). So that means renewables provide a variable form of energy. The only real exception is geothermal power as it relies upon the heat at the centre of the earth. Even it varies but only over millions of years.

Variability of power output is commonly cited as the main disadvantage of renewable power but the major advantage is that the fuel is free – we just need to cover the cost of harnessing it. We believe there are two significant reasons for supporting a renewable electricity supply. First, while it is true that a constant (not variable) electricity supply can be provided by fossil fuels – think of a diesel generator working – a regular input of fossil fuels is always required. The disadvantage of such a system is that it has continuous on-going costs in terms of fuel. Fuel is costly, largely because we are now hitting the limits of economic extraction for oil and gas. The second, probably more dangerous cost is that it contributes to climate change in a way that threatens to reduce our economies to rubble.

Fortunately, NZ is blessed with abundant wind and solar exposure, in addition to the already developed hydro lake system, and geothermal in the North, a more sustainable electricity network is a possibility. Renewables complement each other, and their 'variability' proves to be a positive attribute in a more decentralised system, to provide consistency of supply (and improving resilience). To do that effectively, they work through a network of electrical infrastructure.

Our proposed wind development will be complemented by electricity produced locally at all the household solar and micro wind sites and by the electricity provided by the great lakes. Through these complementary renewables consistency of supply can be secured. We have simply chosen wind energy to develop for the community because we have a good local site for community scale wind. Wind turbine technology has been tried and tested and because it will ultimately benefit Blueskin Communities.

To stay in touch with developments, subscribe to our BRCT update via our website: www.brct.org.nz or pop into the office at 1121 Mt Cargill Rd, Waitati. Telephone enquiries can be made on 4822048. We love to have visitors!

Scott Willis

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**Do we choose our next life from what
we do or fail to do in this life?**

**Saturday, 8th November 1:30 Phone or
text Pauline 472 8388, or 0212654796.**



Missing - Reward

Chip from Careys Bay was last seen on 15 Sep. He is a much loved long haired neutered male tabby. \$100 reward for the safe return of Chip. Contact 027 426 2405.



Enjoy Spring...
Think composting!



Tis the time to be... **DESEXED**
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Terry Marler 021735496

WEST HARBOUR WEEKLY EXERCISE CLASSES

Steady as You Go in Port Chalmers. Falls prevention programme for Men and Women, simple leg exercises. Pioneer Hall on Wednesdays at 10:00am, only \$2 per class.

Yoga - Wednesday at 10.00am with Lisa \$7 per class and Monday night at 6pm with Jenny \$7. Port Chalmers Town Hall, . Bring a yoga mat and a blanket.

Yoga with Kate at Ravensbourne Hall: Monday 9.15-10.15am, Wednesdays 5.30-6.45pm \$10.00. General yoga class aimed at reducing stress so the body can feel good again and return to natural wellbeing. Please bring a mat and a blanket. Casual attendance fine, new comers warmly welcome.

Steady as you Go - Falls prevention programme for Men and Women, . Wednesday 1.30pm at McCurdy - Grimman Hall, Driver St Long Beach \$3. For Info call Patsy 4822518 or Ruth 482 2283.

Tai Chi - Port Chalmers Town Hall Fridays 10am, \$3 per class.

Port Pilates - with Rachel Pioneer Hall 7-8pm, Tuesdays, \$8 per class. To find out more contact Port Pilates, portpilates14@gmail.com call/txt her on 027 3445 334

Pilates - Thursdays 9.30 to 10.30. Pilates, Mat Classes with Hayley Davey, trained in Stott Pilates. Improve your core strength and posture. \$10 per person per class. Beginners welcome. For more information contact Hayley Davey, email: hayley-beer@hotmail.com

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WHAT'S ON THIS MONTH ON WEST HARBOUR... CLASSIFIED

- **The United Church of Port Chalmers** - "West Harbour Art's Trail" Saturday 1st November 11am - 4pm. Seven Art Studios, Ph 471 0690 or 471 0705 for info and see page 5 for more information.

- **BOOKSHARE @ PORT LIBRARY**- First Wednesday of the month-5th November, see page 10 for details.

- **MARKET SUNDAY 9th OF NOVEMBER @ PIONEER HALL.** 10am - 2pm, If you would like a stall contact Linda 472 - 7572.

- **COMMUNITY POTLUCK DINNER @ PIONEER HALL** Saturday 15th of November, everyone welcome, bring a plate, friends and family, 6pm.

- **Amnesty International charity film screening** at the Pioneer Hall 7pm on November 28th, entry by gold coin koha."

- **Senior Citizens meet each Tuesday at 1.30pm** in the Chalmers Lounge upstairs in the Port Chalmers Town Hall. For information contact Shirley Brunton 472 8030.

- **Green Drinks - @Portsider 7.30pm (20th November)** (every third Thursday in the back room). Forum for people who care about sustainability issues. Come along, all welcome.

- **All Fibre Handcrafts e.g Knitting, Crochet, Patchwork, Embroidery, Spinning.** Emmanuel Church Hall, Sawyers Bay, **Monday 3rd & 17th of November**, come at 11am or 1.30pm. For info contact 472-8487.

- **Sawyers Bay Garden Club** - Meets Emmanuel Church Hall, Sawyers Bay, on the 3rd Tuesday September - April at 7.15pm and the 3rd Saturday of the month May - August at 1.45pm. For information contact Secretary June Prue 4727082.

- **Toy Library**-Corner of Athol and Wakatipu Streets, Ravensbourne 2pm - 4pm Saturdays look for sign out.

- **Music & Movement Pioneer Hall Tues 10.30 - 11.30** for Babies, Toddlers & Pre-school. Bring your Carers & a gold coin..

- **Mums and Bubs Coffee Group - Monday mornings 9am**, at Koputai Afterschool room at Port Chalmers School, during school terms. For information ph:471-0881.

- **St Francis Animal Clinic Community Vet - Thursdays 6.30-7.30pm.** Pioneer Hall. No appointments necessary

- **Indoor Bowls Club - Ravensbourne Hall** easy parking, a friendly group meet every Monday at 1.30 'til 3-30ish. Only \$2..a session. Strictly for fun and company with afternoon tea as well. For information phone Pam @ 4710348.

- **Port Chalmers Maritime Museum** - Monday to Friday 10am - 3pm, Saturday 11am - 2pm, Sunday & Public Holidays 1.30 - 4.30 p.m. Also open by special appointment. Cruise ship days visiting hours: 10am - 5pm.

- **Blueskin Market:**held on the first Sunday of the month from 11 to 1. This friendly market features local arts, crafts, produce, and more! Gallery on Blueskin at Waitati. Free stalls are available, ph 0272148294 for info.

List your event in the 'What's On', email or call the editor with your event or activity, by the 12th of November for the December - January Issue.

Editor: Ange McErlane:editor.rothesaynews@hotmail.com
472-7873, 0274 380 601.

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Accounts & Subscriptions:Nola Broere 472- 8907.

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INFORMATION

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Thursday
9.30 a.m. - 8.00 p.m.

Saturday
11.00 a.m. - 2.00 p.m.

Service Centre hours:
Mon-Fri 9.30 - 5.00 p.m.



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Swimming Pool
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Hours (School Term Times)

Lane Swimming only
Mon-Fri 6.00am - 9.30am
12 noon - 1.30pm
Sat & Sun -10am - 11am

Leisure Swimming
Mon, Wed, Fri - 3pm - 6pm
Tues & Thurs 3pm - 4.30pm
Sat & Sun - 11am - 4pm

Additional Swimming times
Monday - Friday Please note that
during the week the pool may be
open for swimming at times out-
side of those above. Please
phone the pool (472 7664) or
check the whiteboard at
reception.

Chalmers Community Board
Wednesday 19th of November
2014 in the Rolfe Room
Port Chalmers Town Hall.

Meetings commence at 5.30 pm and are
held in the Rolfe Meeting Room, Port
Chalmers Town Hall and Service Centre. If
you have issues that you would like to
raise at the public forum, please phone
Pam Jordan 474-3428 at least 24 hours
before the meeting date.

The Rothesay News community newspaper is published by The Rothesay News Inc, 47 Wickliffe Terrace, Port Chalmers, Port Chalmers. Printer: Digiart & Design Ltd, 19 George Street, Dunedin. Printed for November 2014. Circulation 2,400. Ravensbourne to Aramoana. **Copy deadline 12th of the month prior.** Copy should be submitted as a virus-free emailed text document. Images should be greyscale with a minimum of 300 dpi in jpg format. Community News articles should be 100-250 words, and may be abridged at the editor's discretion. Any notices not submitted as paid advertisements are subject to space availability. Preference is given to news of interest to the wider community, and promoting future events. Photos to be captioned and named. Contributions to have a contact name and phone number. The views and opinions expressed by contributors and correspondents in printed articles, are not necessarily shared by the editor, or any member of the Rothesay News Committee.



ISSN 1171-0950

D U S T I N G O F F

The ship that never arrived at Port Chalmers

The loss of the Malaysian airliner MH370 shocked us all. Where did that plane go? As the search continues the families wait for news that may never come. The phrase 'never seen or heard of again' may be the epitaph for the MH370.

Prior to air travel, ships ruled our existence, Daily newspapers recorded ship movements and shipwrecks with a passion that showed newspaper editors knew a thing or two about maritime matters.

The Wellington Evening Post in its edition of 16 October 1880 revealed a darker side to shipping that has often been neglected, ships lost or wrecked far from their port of destination. The phrase 'never seen or heard of again' would appear at regular intervals in daily newspapers. When bodies or wreckage had been located on a distant shore the story would gain momentum but if there was no wreckage, no ship, no survivors, this often meant no story to tell, like the missing MH370.

A good example of a ship never seen or heard of again, is the ship *Trevelyan* (Iron 3 mast barque, 1042 tons gross and 950 tons net register; length 203.6ft., beam 33.4ft., depth 21.2ft). It was a well known emigrant ship, it had already made six voyages out to New Zealand. The seventh voyage out to Port Chalmers would not be completed.

Under the command of Captain Harry Bowling the vessel left Glasgow on 22 March 1888. The vessel was spoken to nine days after leaving the Scottish port. This would be the last confirmed sighting.

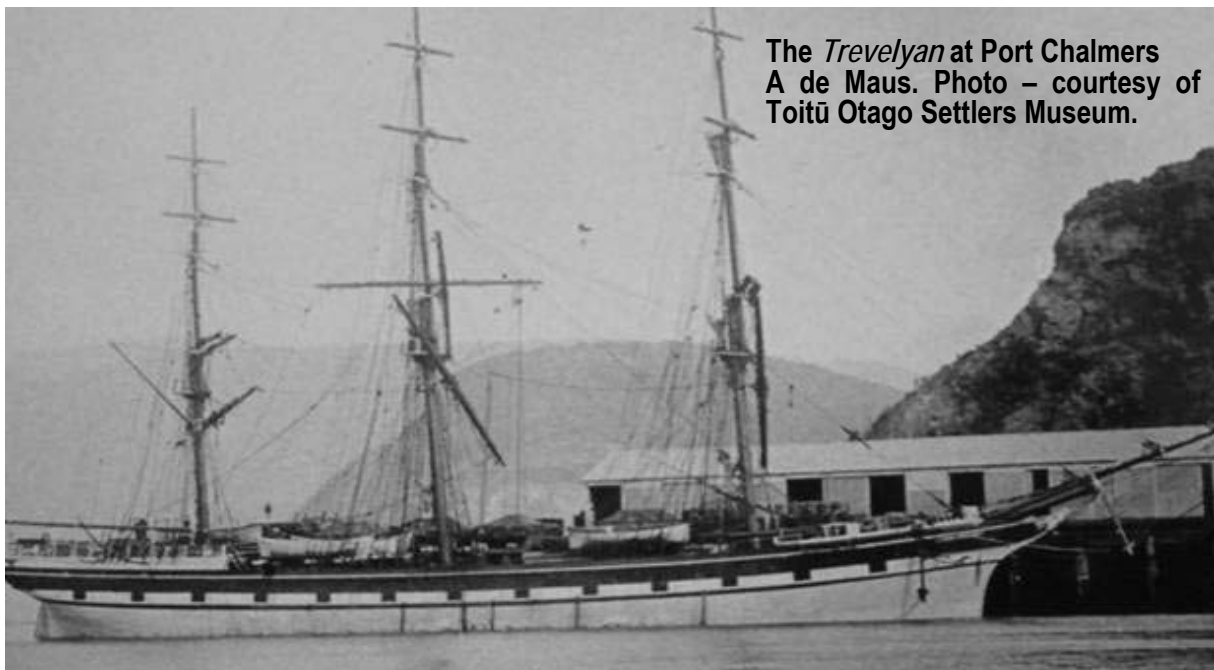
In August reports surfaced in New Zealand newspapers concerning the non appearance of the ship. However it was known to be a "slow sailor" and alarm bells did not go off. But by mid September the vessel was 170 days out and all hope of the vessel showing up at Port Chalmers had faded.

In mid September the Otago Daily Times published a story that a number of people in Port Chalmers and Dunedin did not want to read. The story told of the Norwegian Barque, the *Andrea Rus*, arriving at the South African port of Port Elizabeth from Cardiff, that a burning ship was sighted at latitude 29deg, 11 min N., longitude 21 deg.45min W at 8.00 p.m. The Norwegian vessel stayed in the area until the morning to see if any trace of crew or boats appeared. According to the story the masts of the unknown hulk had disappeared and only the jib-boom remained. The vessel was constructed of iron, as was the *Trevelyan*. At the same time a report from Captain Winchester from the vessel *Drummond Castle* possibly held the correct answer. The Times (of London) published the following story in late October;

"It will be remembered that on the arrival of Messrs. Donald Currie and Co. 'Drummond Castle' at Plymouth, on June 25, with the homeward Cape of Good Hope and Natal mails, Captain Winchester reported that a terrific gale on the night of June 3 a large sailing ship foundered close by the Drummond Castle, off Cape Agulhas. It was thought at the time that the vessel must have been a large passenger or emigrant ship, and her identity was only established yesterday, when advices were received at Plymouth from Knysna, dated 2 October, stating that a lifebuoy had been picked up at Koeberg, Plettenbergs Bay, marked Trevelyan."

It is thought that 100 people perished on the ill-fated *Trevelyan*. Between 1870 and 1889 seven other vessels bound for Port Chalmers failed to arrive.

Bruce E. Collins



**The *Trevelyan* at Port Chalmers
A de Maus. Photo – courtesy of
Toitū Otago Settlers Museum.**